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Success Starts With Self-Mastery: 7 Effective

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Empowerment

This is the victory of Self-Mastery. Self-Mastery also requires patience, truthfulness, purity, impeccability, and faith. The patience to accept what is and to know when to allow things to unfold in their own time. To be true not only in your words and actions but to be honest with yourself.

4 Steps to Self-Mastery - The Chopra Center
Mastering the Power of Self-Hypnosis has earned my highest recommendation. Buy this book. It will change your life. --Kevin Hogan, Ph.D., author of *The Psychology of*

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Persuasion: How to Persuade Others to Your Way of Thinking. About the Author.

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