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Prescription for Dietary Wellness by Phyllis A. Balch
textsPrescription for nutritional healing. Prescription for nutritional healing. by. Balch, Phyllis A., 1930-; Balch, James F., 1933-. Publication date. 2000. Topics. Nutrition, Diet therapy, Vitamin therapy, Herbs, Diet Therapy, Food, Formulated, Medicine, Herbal, Nutrition, Vitamins, Vitamins. Publisher.

Prescription for nutritional healing : Balch, Phyllis A ...
Prescription for Nutritional Healing, Fifth Edition. Phyllis Balch. Phyllis A. Balch, CNC, was a leading nutritional counselor and advocate of natural therapies for more than two decades and spent more than twenty-five years researching natural approaches to health and healing. Phyllis Balch's books have sold more than 8 million copies worldwide www.prescriptionfornutritionalhealing.net.

Phyllis Balch - Penguin Books
Prescription for Nutritional Healing is the nation's #1 bestselling guide to natural remedies. It is a comprehensive source of dietary supplements, vitamins, minerals, and herbs. A pioneer in the field of nutritional healing, Phyllis Balch passionately and meticulously researched and compiled this groundbreaking book. Now, a generation later, her message has more relevance than ever: consume fresh foods, avoid processed foods and those high in saturated fat, and optimize your intake of ...

Prescription for Nutritional Healing
Phyllis A. Henning Balch (September 18, 1930 – December 31, 2004) was the author of Prescription for Nutritional Healing. She was born in Logansport, Indiana. She was one of the biggest-selling dietary and supplement authors. Her books have sold over eight million copies.

Phyllis A. Balch - Wikipedia
Prescription for Nutritional Healing: A Practical A-to-Z Reference to Drug-Free Remedies Using Vitamins, Minerals, Herbs & Food Supplements. Phyllis A. Balch. \$ 3.99 - \$ 29.57. UC Prescription for Herbal Healing: An Easy-to-Use A-Z Reference to Hundreds of Common Disorders andTheir Herbal Remedies. Phyllis A. Balch. \$ 4.59 - \$ 15.39.

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Prescription for Nutritional Healing: the A to Z Guide to Supplements Everything You Need to Know About Selecting and Using Vitamins, Minerals, Herbs, and More By Phyllis A. Balch CNC By Phyllis A. Balch CNC

Prescription for Nutritional Healing: the A to Z Guide to ...
Publisher: Penguin Books Ltd. Release Date: 2011-06-30. Binding: Paperback / softback. Biography: Phyllis Balch was author of the bestselling Prescription for Nutritional Healing, as well as of Prescription for Nutritional Healing: The A-to-Z Guide to Supplements, and Prescription for Herbal Healing.

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