

Appalachian Trail Gear

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In this ultimate guide to America's favorite footpath, find our picks for prime hiking and camping, and a complete plan to hiking the Appalachian trail.

Everything You Need to Know About Thru Hiking the Appalachian Trail

One year after hiking the 76-mile Foothills Trail, the Crawley family of Ryan, Jenna and 9-year-old daughter Ayla have set their sights on a bigger target, a ...

Crawley family set for 102 miles of fundraising

Appalachian Trail (Photo by Nicholas A. Tonelli) With scant weeks left until we set off, we dedicated ourselves to preparation and research. We wound up with more or less standard sets of gear for ...

My Boyfriend Had Never Backpacked Until We Hiked the Appalachian Trail Together

with workshops for prospective thru-hikers and slide-show lectures on topics ranging from international hikes to gear. When Baltimore Jack died, the news shook the Appalachian Trail community.

Hiking the Appalachian Trail—A Beginner's Guide

Mario Kovach stood at a trailhead near Hawk Mountain the other day, with the Appalachian Trail stretching to Maine one way and Georgia the other and a perfect blue sky ...

Pottstown native uses outdoors to deal with PTSD

A 32 year old Highlands man is walking cross country with his dog to raise money for the homeless in Ocean County.

NJ man and his dog Park Roll are walking from Sandy Hook to Lohr

Seth Vernon: I went to school at Appalachian State in the mountains here in North Carolina ... Jackson County created the first fly-fishing trail in the country, and between Great Smoky Mountains ...

Our State Knows Best: Fly Fishing

Each year, about 2,000 hikers attempt to hike the full 2,180-mile Appalachian Trail. Only a quarter of them successfully ... a weighted backpack and researched weather-resistant hiking gear. She also ...

Brette Schuffmeyer '06 hits the trail on the Appalachian Trail

The 40.6-mile stretch on the rigorous Appalachian Trail served as physical training for the PCT, as well as a shakedown trip to thoroughly test my gear. But the stretch served as another kind of ...

Claire Henley: Adventures West (Shakedown On The Appalachian Trail)

Hikers along the Appalachian National Scenic Trail on the Nantahala and Pisgah National Forests are asked to take precautions to avoid bears after recent reports of increased encounters.

Bedsy bears close part of Appalachian Trail for camping

Davenport, 31, works as a guide for the Appalachian ... of miles in on a flat trail to pitch your tent." Before leaving, though, Davenport suggests hikers load all their gear into a backpack ...

How to go backpacking (and why it's worth the effort)

When it comes to gear, I look for things that are compact ... I bought my first Aeros pillow for an Appalachian Trail through-hike, where I used it every night for some 1,500 miles.

Use This Inflatable Pillow at Camps in Cars, on Planes, and Even on the Couch

Officials have temporarily prohibited camping along a portion of the Appalachian National Scenic Trail on the Nantahala and Pisgah National Forests after several bear encounters have been reported in ...

Black bear encounters force temporary camping ban in Max Patch, Grassy Fork areas

(AP) Mario Kovach stood at a trailhead near Hawk Mountain the other day, with the Appalachian Trail stretching to ... pausing among their heaps of gear to rest and drink water.